

GUERNSEY RUGBY ACADEMY



EMERGENCY ACTION PLAN

IMMEDIATE TASKS

Initial management of the response:

- Ensure medical staff/first aider is attending injured person and has sufficient assistance.
- Ensure an ambulance has been called (if in doubt telephone emergency services) and provide details of the injury and the location of the incident:
- Ensure a responsible person is positioned to meet the ambulance at the Emergency Access Point to guide it to the incident.
- If ambulance access on to the pitch is required, ensure all training and matches in the vicinity are stopped.

Name of Person Reporting:
Telephone Number:
Exact Location:
Injury Details:
Ambulance Access Point:
Any hazards:

FIRST AIDER/MEDICAL TASKS

- Provide appropriate safe and optimal on-field care
- Summon appropriate assistance. The Emergency Medical Services should be called for:
 - When the player is unconscious
 - A suspected head or spinal injury
 - A suspected fracture or serious dislocation
 - Suspected internal injuries
 - Suspected serious medical problems e.g. heart attack, heat stroke, diabetic emergency, allergic reaction etc.
 - The player's condition deteriorates
 - You feel unable to handle the situation, or you are in any doubt
- Hand over care to the paramedics on their arrival
- Maintain appropriate records
 - Ensure appropriate details (including contact details) are recorded of all persons involved in the incident i.e. players, coaches, referee, line judges, first aid/medical personnel, witnesses
 - Detail how incident occurred, treatment given and by whom
 - Inform club officials of the incident

TEAM COACH / MANAGER TASKS

Some key points for the manager and/or coach to remember in the event of a serious injury:

- **DO NOT** move the casualty (unless in immediate danger)
- Keep calm, reassure casualty and keep them warm
- Summon the first-aider to scene
- Remain with the casualty until first-aider arrives
- Move other players away from scene and ensure they are supervised and protected from the weather
- Arrange for parents or guardians to be notified if not present

FOLLOW UP TASKS

- **Lead Coach to Complete an Injury Form** - submit it to Guernsey Rugby Safe Lead
- **Rugby Safe Lead**
Formal reporting of the Reportable Injury Event to the RFU Sports Injury Administrator
Tel: 0800 298 0102
Email: sportsinjuriesadmin@therfu.com
Notify the Constituent Body: Hampshire RFU